

WHAT IS "LOVE YOUR BODY" DAY?



Do you love what you see when you look in the mirror? That's the big question, according to NOW Foundation's annual Love Your Body campaign. It charges Hollywood and the cosmetics, diet and fashion industries with trying hard to convince us that our looks are unattractive and in need of constant upgrading. The standards imposed by these companies on women and teenage girls are, of course, impossible to reach. Perhaps, women's magazines suggest, we need cosmetic surgery—in order to enhance our self-esteem, *of course*. But, NOW Foundation notes, "these industries can't use negative images to sell their products without our assistance."

Each year the NOW Foundation hosts a poster contest as part of its Love Your Body campaign to respond to all the "violent, starved, drug-addicted, surgically-enhanced" images of women. This year, winners will receive up to \$400 and their posters will be used as part of the foundation's national campaign. Campaign deadline: 12-01-04. For contest rules, visit www.nowfoundation.org or write to 1100 H St. NW, Washington, DC 20005

Letter from Kim Gandy, National NOW President

Victory! We don't get them often, so let's savor the moment and bask in the double glow of the overturn of the misnamed "Partial Birth Abortion Ban" and the restored funding for the Women's Education Equity Act (WEEA).

Judge Richard Kopf of Nebraska, an appointee of George H.W. Bush, struck down the abortion ban as unconstitutional for its failure to provide an exception when a woman's health is at stake. Thank you to Judge Kopf for holding justice above partisan politics, and for displaying a level of courage and integrity rarely seen these days.

Let's also thank Congresswomen Carolyn Maloney (D-NY), Lynn Woolsey (D-CA) and Loretta Sanchez (D-CA), who offered the successful amendment reinstating \$3 million to WEEA, which promotes educational equity for girls and women and provides funds to help schools meet Title IX requirements. Granted, \$3 million is a far cry from the money truly needed to

eliminate sexism in schools, but it is better than nothing! In particular, WEEA funding has helped to combat sexual harassment, incorporate girls' and women's experiences into textbooks and learning materials, advance girls and women in mathematics and science, and aid in keeping pregnant teenagers in school. (We will certainly need more help with this last item in the future, thanks to that oxymoronic concept, "abstinence-only sex education.")

On the darker side of recent news, the increasingly daring "citizenship for fetuses" movement took a bold step in Oklahoma. Theresa Hernandez was arrested and charged with first-degree murder for using drugs while pregnant, which prosecutors allege caused her stillbirth now faces possible life imprisonment.

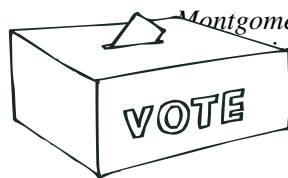
Ignore for now the glaring double standard of putting a woman who used drugs while



(continued on page 4)

Get Out the Vote

BY DUCHY TRACHTENBERG



Montgomery to Montgomery. Montgomery County, PA have asked Marylanders for help in getting out voters in November—not just for all of us in a tight election, but for America's future. Pennsylvania, a populous state with 23 electoral votes, is a swing state. So every vote counts in Pennsylvania because the Electoral College is critical. Florida taught us that. On selected weekends in October, caravans of people will travel up I-95 to

Montgomery County, PA to help in outreach, canvassing, GOTV, and other vitally important campaign activities. Longer-term volunteer (some paid) opportunities are available for those who can afford to spend more time. The caravans will depart Kensington and other locations at 7:30 a.m. and returned in the evening. For more information and to volunteer, contact Ann Humphrey at 301-229-1697 or AGHumphrey@aol.com, or Dorothy Davidson at Dorothy5450@comcast.net.

Bethesda to the swing states. We are entering the last lap before the election,

(continued on page 4)

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Presidents' Message

Dear Montgomery County NOW Chapter Members and Friends:

October is shaping up to be a record setter for chapter activism.

Field Trips to suburban Philadelphia to participate in education and Get Out The Vote activism are set for the weekend(s) of Oct 23/24 and/or Oct 30/31. We are working with Kathy Miller of Pennsylvania NOW and congressional candidate Alyson Schwartz, a NOW member and self-avowed feminist. Our erstwhile state president and indigenous Montgomery County NOW activist, has been making her presence felt in several of the key states across the country (Ohio, Florida, Pennsylvania) while simultaneously organizing our regional forays. Go Duchy!

I am participating with the *Election Protection* Project on Election Day in Philadelphia with a team that includes lawyers (as well as non-lawyers). Folks interested in participating in what we used to call *poll watching* can pull up the information as referenced below and let me know if you are interested in forming a team or participating individually. Either option is welcomed!

Let's try to get 100% participation in this election. Women's lives and the security of not just our constitutional rights but the security of all is at stake! Our program meeting in October is our elevated activism...please, be a part of it!

FOR NOW,

Rosemary

Rosemary J. Dempsey

For information about Election Protection volunteer opportunities, go directly to www.ElectionProtection.org.

HELP THE NEWSLETTER

Like every other publication you know, From NOW On is always short of cash. But unlike the others, you may think that you've given it enough money, when actually, you haven't. After all, you say, my annual dues of \$35 are nothing to sneeze at. That's true, but you may not realize that your \$35 is divided among National NOW and its many programs, Maryland State NOW and its lobbyists and causes, and Montgomery County NOW—the last named receiving between \$5 and \$6 dollars per member per year. When you consider that it costs MC NOW about \$5.50 to print and mail you your newsletter each year—well, you get the idea.

There are two ways that you can keep From Now On from being such a drain on the MC NOW chapter. First, you can elect to receive your newsletter electronically. Contact Jeannette Feldner at lj.feldner@verizon.net, and she will see that you get a pdf copy. But if you don't have a computer, or just like the feel of a printed newsletter in your hands, then you can continue to receive your issues via the mailbox. It would be appreciated, however, if you could send us a little something and tag it "for the newsletter." Mail to MC NOW, P.O. Box 2301, Rockville, MD 20847-2301. Thanks!

—The Editors

IDENTIFICATION STATEMENT

From NOW On is published 9 times/year by the Montgomery County Chapter of the National Organization for Women (chapter 0200),
P.O. Box 2301, Rockville, MD 20847-2301.

The Maryland Beat



Several dozen demonstrators, including National Organization for Women President Kim Gandy, gathered outside the Columbia, Maryland Wal-Mart store on Dobbin Road on Labor Day to stage a protest against the retail giant, employer of more than 1.3 million workers in more than 3,000 stores nationwide.

"This is a company with a brain but no heart and no conscience," Gandy said. "Not only do they cut costs, they also cut health care, promotions and pay for women." Maryland NOW members were joined by Gandy, Montgomery County Council Vice President Tom Perez, Progressive Maryland Director Tom Hucker and other activists who spoke in support of workers' needs for a living wage, benefits and union representation.

Back in June, U.S. District Court Judge Martin Jenkins certified a massive class action, ruling that six current and former Wal-Mart employees from California may represent all female employees of Wal-Mart who worked at its U.S. stores anytime since December 26, 1998.

This nationwide sex discrimination class action lawsuit, *Dukes v. Wal-Mart Stores, Inc.*, is the largest civil rights class action ever certified against a private employer, and damages could run over a billion dollars.

NOW's Women Friendly Workplace campaign named Wal-Mart a Merchant of Shame in 2002 in response to the company's growing list of unfair labor practices. Since that time, NOW activists have participated in a worker-friendly education campaigns at Wal-Mart stores throughout the country. Maryland NOW will be targeting another Maryland Wal-Mart store soon, so please contact us with any ideas and your volunteer energy!

The Ultimate Flip-Flopper

Political commentator Arianna Huffington recently made a list of George W. Bush's flip-flops, or "major policy U-turns," to wit:

- In September 2001, Bush said capturing bin Laden was 'our number one priority.' By March 2002, he was claiming, 'I don't care where he is. I have no idea and I really don't care. It's not that important.'
 - In October 2001, he was dead-set against the need for a Department of Homeland Security. Seven months later, he thought it was a great idea.
 - In May 2002, he opposed the creation of the 9/11 Commission. Four months later, he supported it.
 - During the 2000 campaign, he said that gay marriage was a states' rights issue: "The states can do what they want to do." During the 2004 campaign, he called for a constitutional ban on gay marriage.
- Bush supported CO2 caps, then opposed them. He opposed trade tariffs, then he didn't. Then he did again. He was against nation building, then he was OK with it. We'd found WMD, then we hadn't. Saddam was linked to Osama, then he wasn't. Then he was...sorta. Chalabi was in, then he was out. Way out.
 - In fact, Bush's entire Iraq misadventure has been one big, costly, deadly flip-flop. We didn't need more troops, then we did. We didn't need more money, then we did. Preemption was a great idea—on to Syria, Iran and North Korea! Then it wasn't—hello, diplomacy! Baathists were the bad guys, then Baathists were our buds. We didn't need the U.N., then we did.

"All this from a man who, once upon a time, made 'credibility' a key to his appeal. Now, God knows, I have no problem with changing your mind—so long as you admit that you have and can

explain why. But Bush steadfastly—almost comically—refuses to admit that there's been a change, even when the whole world can see otherwise. He's got his story and he's sticking to it. But that darn Kerry, he keeps shifting his positions!"

(Thanks to Sylvia Diss for forwarding Huffington's comments)



How it Was OCTOBER (before 1850)

- 2 Angelique Brulon, who was allowed to remain in the French 42nd Regiment of Foot even after her sex was discovered, and who endured seven campaigns under the nom de guerre "Liberte," is promoted to Sublieutenant, 1822, and later given the Cross of the Legion of Honor by Napoleon III.
- 8 Abigail May Alcott, social worker who began her career at 48, from whom Louisa inherited her writing ability and who was the "Marmee" of Little Women, born, 1800.
- 13 Mary Barr Clay, suffrage leader and farmer, the first native Kentuckian to take the public platform for women's suffrage, born, 1839.
- 15 Queen Victoria proposes to Albert. He accepts, 1839.
- 16 Fidelia Fiske, missionary and former Mt. Holyoke College teacher, responds to a Nestorian bishop's request and launches education for women in Persia, 1843.
- 22 Abigail Scott Duniway, witty speaker and eloquent editor, who criss-crossed the Pacific slope on behalf of woman's suffrage and won the vote for women in Washington Territory, born, 1834.
- 26 Poet Phyllis Wheatley, a slave, writes an ode to General George Washington, winning his praise for her "eloquent lines" and an invitation to his Cambridge, Mass., headquarters.
- 28 Anna Dickinson, zealous public speaker known as the Joan of Arc of the Feminists, born, 1842.

Kim Gandy Letter *(continued from page 1)*

pregnant in jail for life while domestic abusers who rape, beat, or even kill those they claim to love get an average of 2-6 years. Focus, instead, on the dangerous precedent this case could set: The Oklahoma district attorney, Woes Case, as much as admitted this is a test case, saying: "We've been wanting to do this with a number of people. This has been needing to happen for a long time." What else 'needs to happen,' Woes? What if a pregnant woman takes a prescription medicine and her baby is still-born—is that also first-degree murder? How much is too much? What if she has one glass of wine? Who gets to decide what she can and cannot do while pregnant? George W. Bush?

In other news, the "Successfully Stating the Obvious" Award goes to the Department of Labor, which recently found that women still spend about twice as much time as men on household chores and taking care of children. A new study finds that almost as many women as men hold jobs (78 percent vs. 85 percent), but 67 percent of women prepare meals and do housework on an average day, compared with only 19 percent of men who say they

do housework and 34 percent who help with meals or cleanup.

The New York Times recently reported that George W. Bush boosted his poll numbers by "articulating the issues in a way that appeals to women." Overall, women have been favoring Kerry by about 5 percentage points, but Bush's recent

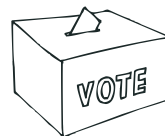
jump in the polls came mostly from female voters. A Times op-ed piece states that Bush's speech was "the culmination of a studied, nuanced effort"—which unfortunately seems to be working. At the root of this approach lie fear-mongering and a cynical

attempt to appear compassionate; at one point toward the end of his speech at the Republican National Convention, Bush said of the soldiers who have died in Iraq, "I've held the children of the fallen, who are told their mom or dad is a hero, but would rather just have their dad or mom." Such a statement may pull the heartstrings—until one remembers to ask the obvious: "Who sent them to Iraq, Mr. President? And what did they die for?"

Some days I feel like we're the Red Queen in Lewis Carroll's *Alice in Wonderland*, having to run faster and faster just to stay in one place!

VOTE

Tuesday
November 2
Is Election
Day 2004



Get Out the Vote *(continued from page 1)*

the last chance to talk to voters in swing states by telephone. USAction is running a phone bank from office space generously donated by EZGSA at M35 in Three Bethesda Metro Center. We will make phone calls on Tuesday and Thursday evenings from 7-9 pm and on Sundays from 4-6 pm, each week until the election. We need volunteers to call voters, using our computerized predictive dialer system, which automatically dials the numbers of thousands of registered voters. Please contact Jenny Brody as soon as possible (www.pbrody@comcast.net).

In addition, there are hundreds of voter registration forms coming in to USAction from our August phone banks and other calls, which need to be checked, sorted and sent off to various boards of elections. That work is being done at USAction's office at 818 18th St., NW, just below I street. Contact Abi Vladeck at avladeck@usaction.org to let her know when you are available.

You Do Make A Difference

Montgomery County NOW is one of the largest chapters of the National Organization for Women. That means that we have a lot of clout when we make a stand on an issue or support a political candidate. But what I've seen in my time as a Board Member of MC NOW is that the membership fluctuates. We are getting new members, but we are losing members, too. I would like to see our membership grow and become even more powerful. Here are a few ways you can help:

- ***I would like to encourage you to vow to renew your memberships every year.*** Even if you don't see how your membership is making a difference, please know that it is. And when you renew, be sure that you affiliate with chapter #0200.
- ***If you got this newsletter from a friend or at a meeting, please join us.*** Become a card-carrying member. Fill out the membership form on page 7 and send your check today.

- ***Give a gift membership.*** I know you all know someone who is near and dear to you who is a feminist, and who would benefit from a membership in MC NOW. Give them the gift of belonging to an organization whose focus is on WOMEN, and ALL of our issues. That's half of the people on this planet! By joining MC NOW you and they will be a part of that focus.

After you've renewed your membership, given your newsletter to a friend and convinced them to join, and signed up your mother and sister and best friend in MC NOW, write to me and let me know what you'd like to see our chapter focus on. Let me know your issues, and I'll take them to the Board if you can't. And I can report on your issues in this newsletter.

Write to me at MC NOW, P.O. Box 2301, Rockville, MD 20847-2301, or by email at LJ.Feldner@verizon.net.

Thank you so much for helping our chapter grow. As MC NOW grows, our power to help women grows.

It's Time to Talk Day

Marie Claire magazine and Liz Claiborne Inc. have established "**It's Time to Talk**" Day on **October 14, 2004** as a way to encourage greater public dialogue about domestic violence.

Around the country, media personalities, government officials, domestic violence advocates, businesses and the public-at-large will be taking a moment—or more—to talk openly about an issue that affects nearly one in three women at some point in their lifetime.

"It's Time to Talk" was established by the Liz Claiborne corporation in conjunction with Marie Claire Magazine to remind us to take a moment on October 14th to speak up in support of friends, coworkers, and others who

may be having problems with family violence. It's time to talk about an all-too-often hidden problem.

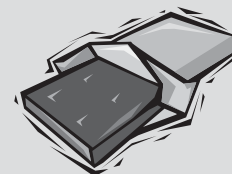
This special day is also an ideal reminder to talk with people all around us about what we can do, through volunteering and education, to combat the American epidemic of violence against women.

For more information about the campaign and suggestions for how to open the conversation, visit the Liz Claiborne Web site, <http://www.loveisnotabuse.com/itstimetotalk>.

"It's Time to Talk"
A Marie Claire-Liz Claiborne Campaign

How it Was OCTOBER (before 1850)

- 29 Anna Lukens, pioneer physician from Pennsylvania, who dauntlessly pursued her career even though she was once stoned by male medical students, and who went on to do brilliant studies of omphalitis and noma pudendi, born, 1844.
- 30 Lucinda Hinsdale Stone, relentless advocate for women's education, who became head of the "female department" of Kalamazoo College and later spearheaded the drive to admit female students and faculty to the University of Michigan, born, 1814.



SAVE THE DATE!

NARAL Pro-Choice
Maryland's

Fifteenth Annual

Evening of Chocolate

Saturday, October 16th
8 pm – 11:30 pm

Glenview Mansion
Rockville, Maryland

*Help us make this year's
"Evening of Chocolate"
a success!*

For more information on tickets, volunteer activities and sponsorship opportunities contact Ashlie Bagwell at chocolate@prochoicemaryland.org

MD NARAL PROCHOICE
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Suite 501
Silver Spring, MD 20910
301.565.4154 (tel)
301.588.5790 (fax)
www.prochoicemaryland.org



Elsewhere in the World

ABRIDGED FROM WWW.WOMENSENEWS.ORG

September 6, 2004

Poor Women Gave Chavez His Win in Venezuela

Poor Venezuelan women, thankful for the social programs of President Hugo Chavez, have provided him with a 16 percent margin of victory during an August referendum to recall him from office. In the oil-rich country where 75 percent of the population lives below the poverty line and 65 percent of the households are run by women, Chavez has built huge popular support with Cuban-style social welfare missions. The Chavez government created Banmujer, a Women's Development Bank that has helped 43,000 poor women start micro enterprises; "Mission Robinson," through which thousands of poor people are receiving adult education; and "Rescuing Smiles," free health and dental care provided by Cuban doctors. Most of the money for these and other programs, such as women's centers and subsidized supermarkets, comes from a \$1.7 billion transfer from the state-run oil company Petroleos de Venezuela. But Chavez is by no means popular with all the country's women. In fact, wealthier women have been at the forefront of anti-Chavez marches

and signature drives, charging the president with leading Venezuela down a Cuban path, neglecting the middle class, and causing recession and unemployment. But, says Yennifer Salas, an anti-Chavez lawyer, "For the first time, women are on the front lines of Venezuela's political battle."

September 10, 2004

Women Across Globe See Impact of Cairo Pact

Hundreds of health care advocates from around the world gathered in London last week to mark 10 years into the UN's 'Cairo' goal to achieve universal access to sexual and reproductive health care services by 2015. Advocates savored their successes over the past decade: access to contraceptives has risen, the rate of population growth has slowed from 93 million people per year to 77 million per year, and government and nongovernmental officials now take the role of women into account when devising population and development policies. But hurdles in their path cast a shadow. Delivery of sexual and reproductive health services has slowed, if not stalled, in some regions, thanks to three factors. The rise of HIV/AIDS has put pressure on the need for resources for contraceptives and reproductive health care services. There is a shortfall of funding for reproductive health services, where developing countries have fulfilled just 80 percent of the money they pledged in 1994, and more affluent countries only 50 percent. And, the anti-choice Bush government has reinstated a global gag rule barring U.S. family-planning assistance to any foreign agency performing abortions, or providing referrals or lobbying for them. The Bush administration has also scaled back funding for the United Nations Population Fund, and has been redirecting some funds for HIV/AIDS toward its abstinence until marriage programs.

September 17, 2004

Female Aid Workers in Iraq Growing More Fearful

After recent kidnappings of aid workers in Iraq, female staff members of humanitarian organizations are experiencing growing apprehension about their own safety. Last spring, an attempted ambush of a staff car was followed by the brutal murders of two women's rights workers, Fern Holland and Salwa Omeishi. Then, on September 7, two Italian humanitarian workers, Simona Pari and Simona Torretta, along with an Iraqi man and woman, were kidnapped. These events, said Manal Omar, director of Women for Women International (WWI), "makes me feel like a prime target." She says the situation is getting worse day by day, and despite plans to remain in Iraq for the long-term, she is considering leaving. Omar established WWI in Iraq 14 months ago. Fluent in Arabic and experienced in Middle Eastern development and women's rights work, the 20-year-old Palestinian-American trains Iraqi women to implement WWI's core program. The program reaches out to the poorest women—usually single heads of households with no source of income—who receive direct sponsorship from a foreign 'sister.' In exchange for the financial aid, the women attend rights-awareness and leadership classes, where they discuss health, educational, and political topics. The women also undertake job-skills training to start small businesses and qualify for micro-credit financing. American women can sponsor a poor Iraqi woman through WWI. Said one recipient, who receives a monthly donation of \$25, as she looked fondly at a photograph of her sponsor, "I have only God and her." Said Omar, "I feel so sad and have to keep reminding myself that the Iraqi people have all suffered so much more than me and they have no where else to go." (Contact WWI at www.womenforwomen.org)

—MB



FCC: Revoke the licenses of two Washington stations, demands a petition from the Office of Communication of the United Church of Christ and the Center for Digital Democracy (CDD). The stations—WDCa (Channel 20) and WPXW (Channel 66)—fail to air at least three hours a week of education programming for

children, in clear violation of FCC guidelines to the 1996 Children's Television Act, the groups charge. This is the first time the Act has been cited in a petition to revoke a license. The petition specifically targets WDCa's "Ace Lightning" and "Stargate Infinity," and WPXW's "Miracle Pets" as shows that do not meet the guidelines. The first two contain excessive violence and convey "an antisocial message," the petition says, while "Miracle Pets" is not designed for children and has no educational value. University of Arizona communications professor Dale Kunkel noted that many stations engage in such "creative re-labeling" of entertainment shows to satisfy the Act's requirements. CDD announced it will be targeting other stations across the country. (Wash Post, 9-02-04)

Women re-entering the workforce after caring for children may find it easier to get started again by taking part-time or short-term jobs, says Corporate Project Resources, Inc. According to a CPRI survey of 450 firms, 38 percent of companies would prefer to hire re-entering women for three to six months, while 20 percent said they would hire them for 20 hours a week. Other tips for getting back into the job market: Brush up on your technology skills. Consider joining smaller companies. Keep up with developments in your field. Don't try to hide the gap in your resume—lots of people have gaps from past downsizings.

Be up front about what kind of schedule you would like to work. More firms are flexible these days and respect women who are clear about their needs. (Wall St. Jnl, 8-24-04)

Culture watch. Child pimp and "ho" costumes, starting at size 4, are "selling briskly" in New York and California. One company is offering one ho and four pimp outfits for Halloween this year, and plans on selling a pimp suit for infants next year. Spencer Gifts in Wheaton carries matching child and adult pimp outfits, and Economy Party Supplies in Falls Church offers Pimp Daddy suits for teens (Wash Post 8-28-04)...*More young men* are taking Viagra these days, reports Express Scripts, Inc., which monitors prescription drug use. While a majority of users are men in their fifties and sixties, the rate of male users between 18 to 45 rose from three per 1,000 in 1998 to nine per 1,000 in 2002. Finding little evidence that these men were taking other drugs indicating erectile dysfunction, researcher Thomas Delate concluded that they are using Viagra for "recreation and enhancement." (Wash Post 8-9-04)

Subject in need of discussion. Fathers have become uncertain how to touch their daughters as they grow up. Many distance themselves from their daughters with inhibitions fostered by press coverage of pedophilia and sexual abuse. The situation becomes complicated for a father once a girl reaches her teens, especially if she resembles her mother when he married her. But when fathers stop hugging them, holding them on their lap, or tucking them in bed, some girls feel rejected. A few even become anorexic to stop from filling out. When it comes to touching their daughters as they get older, experts suggest fathers stop bathing them at about 8 years old. Other advice for fathers is hard to come by. The consensus seems to be: stay alert to your daughter's signal that she is starting to feel uncomfortable. (Wall St. Jnl, 9-9-04)

Handling sexual misconduct is a problem for many schools. A first step, according to ERIC Digest, is to have a clear, enforced policy that all staff, parents, and students understand. Such a policy should explain where to file formal and informal complaints, and provide for adequate, impartial, and timely investigation. It should protect the victim's confidentiality and ensure there is no retaliation. Parties should be provided notice of the outcome of complaints. In addition, the sexual misconduct policy should be discussed in all-school assemblies, orientation for new staff, and meetings with parents. School personnel should be trained to look for suspicious behavior. Administrators should screen employees carefully, going beyond asking applicants and former employers if they have ever been investigated or accused of sexual misconduct—many accused abusers are allowed to avoid criminal charges if they agree to leave quietly. The policy should also stipulate procedures for investigating complaints, with more than one person assigned to this responsibility. Finally, because school officials are not trained for this, investigation of all charges should be turned over to a professional child-abuse investigator or the police. (www.ericdigests.org)



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(newsletter subscription free)

\$17-34 Sliding scale; what you can afford

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Contribution to MC NOW of \$ _____



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Please make your check payable to **Montgomery County NOW** and mail along with the application to:

MONTGOMERY COUNTY NOW, P.O. Box 2301, Rockville, MD 20847-2301

MC NOW Calendar of Events

Board Meetings will take place on the first Monday of each month (unless a holiday). All members welcome. Chapter meetings are generally held on the third Tuesday of the month and action activities are held regularly.

October 2004

- 4 MC NOW Board meeting, 7 pm, at Montgomery College, Macklin Towers, Women's Studies Commons, #212.
- 16 NARAL Pro-Choice fundraiser, "Evening of Chocolate," 8 pm (see page 5)
- 19 MC NOW Chapter Meeting (see large box below)
- 20 Love Your Body Day (see page 1)
- 23-24 Caravan to Montgomery Co., PA, to help get out the vote (see page 1)

November 2004

- 2 Election 2004
- 6 Strong Women Saturday, with Erin Brockovich, Lynne Cox, et al, re: women's health and stress-busting strategies, American University, all day. www.stonyfield.com/strongwomen or 603-437-4040.
- 8 MC NOW Board meeting, 7 pm, at Montgomery College, Macklin Towers, Women's Studies Commons, #212.

Submissions to Newsletter Welcome.

From Now On reserves the right to edit submissions for brevity. Ads accepted for nominal fees.

Call 301-236-0069

Email Mary Bailey at bravenewworld@starpower.net

Write P.O. Box 2301
Rockville, MD
20847-2301

SUBMISSION DEADLINE FOR OCTOBER ISSUE: October 15, 2004

October 2004 MC NOW General Chapter Dinner

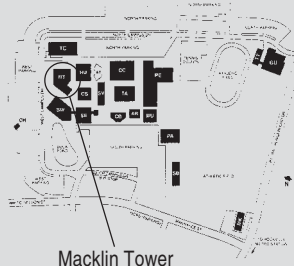
INDEPENDENT FILM Women Vote 2004: The Margin of Victory

ELECTION 2004: IT'S UP TO YOU! — PART 2
Tuesday, October 18 at 7:30 pm

Montgomery College Rockville Campus, Macklin Tower, Room 212

For more information, contact Genevieve Carminati at (301) 251-7446 or genevieve.carminati@montgomerycollege.edu.

Join us in the
Macklin Tower,
Room 212,
Montgomery College
Rockville Campus



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MONTGOMERY COUNTY NOW (MD0200)
P.O. BOX 2301
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